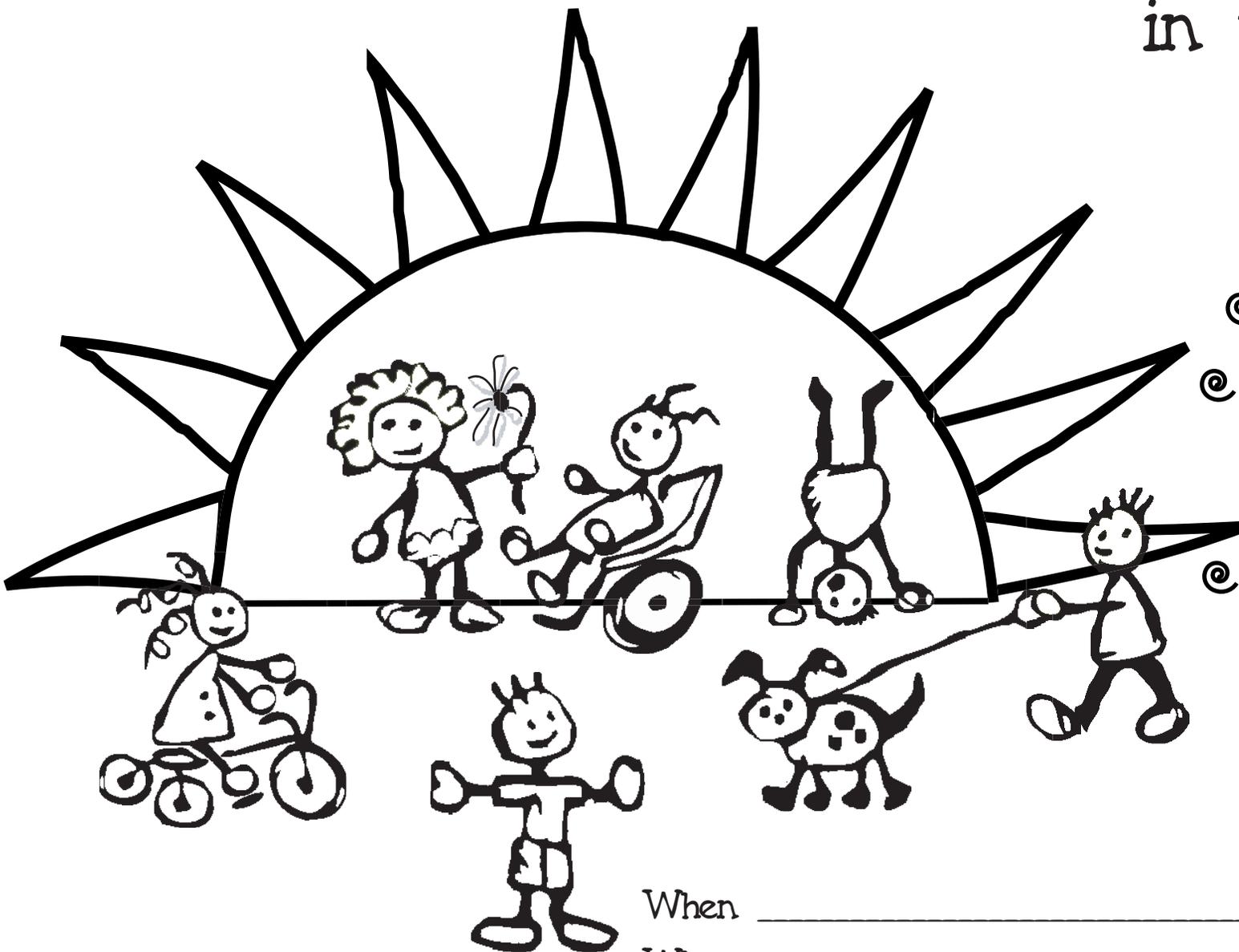


# Hey, Parents!

# Put some SIZZLE in your child's summer.



☉ Take your child for a swim or to a park.

☉ Read a book together.

☉ Teach your child to care about his community. Do something nice for someone less fortunate.

☉ Take your child to lunch at a Summer Meals site in your community. Any child - age 18 or younger - eats for free!

Meals provided by local sponsors and the U.S. Dept. of Agriculture.

When \_\_\_\_\_

Where \_\_\_\_\_

Local Sponsor \_\_\_\_\_